Medicare 101



Larry Dalton
Larry D. Dalton
larrydalton2023@gmail.com
(580) 364-2266



About Me

I'm a licensed agent with extensive experience in Medicare.

I help you understand Medicare, enroll in the right plan, and maximize your benefits. I am an independent agent, and as a result I'm able to compare all of the plans available to you on the market. I also have a team of professionals who can support you whenever you have questions. I cut through the noise for you.

So many plans!

What's a deductible?

Spam Calls

What do I do?

Which doc can I go to?

Ok... how do I use my OTC benefit?

Can I get on Medicaid?

Are my new drugs covered?

Who I help

I assist clients in every type of scenario. The most common ones are listed below.

- Turning 65
- Older than 65, but losing insurance
- Unsure whether to stay on employer insurance or enroll in Medicare
- Unhappy with your current coverage
- On social security disability



The ABCs (and D) of Medicare

What is Medicare?

The U.S. government's largest health insurance program serving more than 66 million people.

MEDICARE IS

- A federal health insurance program
- For U.S. citizens and legal residents
- Individual health insurance

MEDICARE IS NOT

- Medicaid
- Social security
- Family plans

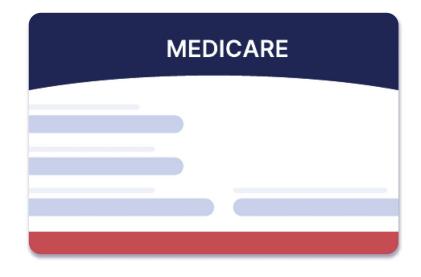


Who Can get Medicare

You can qualify for Medicare if you meet one of the following requirements:

- Within three months of turning 65 or older, even if you still work
- Younger than 65 with a qualifying disability
- Have end-stage renal disease (ESRD) or ALS (Lou Gehrig's disease)

Note: you also may be eligible for Medicare Part A through your spouse, though you must meet the age or disability requirement



What does Original Medicare cover?

Original Medicare consists of Part A and Part B

Part A HOSPITAL INSURANCE

- Hospital room & meals
- Intensive care
- Skilled nursing facility care
- Operating room services
- Hospice care
- Rehabilitation services
- Some home health care
- Some drugs & medical supplies for inpatient stays

Part B MEDICAL INSURANCE

- Doctor visits
- Annual wellness visits & preventive services
- Outpatient care
- Mental health care
- Clinical lab services
- Durable medical equipment
- Ambulance services
- Occupational physical therapy

Cannot be denied coverage • Coverage nationwide

What does it cost?

Original Medicare consists of Part A and part B

→ but NO out of pocket maximum

*Note: premium free if you or your spouse worked and paid taxes for 10+ years. If you don't get premium-free Part A, you pay up to \$518 each month.

**If you are an above average income earner, you will have to pay a higher Part B premium.

	Part A HOSPITAL INSURANCE
PREMIUM	\$0*
DEDUCTIBLE	\$1,676 Per benefit period
OTHER COSTS	\$419 Per day (days 61-90)
	\$838 Per day (after 90)

Part B MEDICAL INSURANCE \$185.00* Per month** \$257 Per year 20% Of costs, plus any

excess changes

Part B: Detailed costs by income bracket

If your yearly income in 2023 was:

File individual tax return*	File joint tax return*	File married & separate tax return*	You pay (monthly) in 2025
\$106k or less	\$212k or less	\$106k or less	\$185.00
\$106k to \$133k	\$212k to \$266k	N/A	\$259.00
\$133k to \$167k	\$266k to \$334k	N/A	\$370.00
\$167k to \$200k	\$334k to \$400k	N/A	\$444.00
\$200k to \$500k	\$400k to \$750k	\$106k to \$394k	\$591.90
\$500k or above	\$750k or above	\$394k or above	\$628.90

^{*}Larger number is inclusive. For example, \$106k to \$133k means that the return must be above \$106k up to \$133k (inclusive).

What's not covered by Original Medicare

Parts A and B **do not cover** the following:

- All of the costs of your care (on the prior slide!)
- Prescription drugs
- Annual physical*
- Dental, vision, and hearing care
- Hearing aids
- Eyeglasses or contacts
- Long-term care
- Most care outside the U.S.

*Note: Original Medicare covers an annual "Wellness" visit 1x every 12 months, but that visit is not a physical exam. It includes a Health Risk Assessment questionnaire and a cognitive assessment.

Getting More Coverage

To cover these coverage gaps and costs, you have two options!

1 Set-and-forget OR

Enroll in Original Medicare and add 1 or both

MEDICARE SUPPLEMENT OR "MEDIGAP" PLAN

Covers out-of-pocket costs

AND / OR

MEDICARE PART D PLAN
Helps pay for prescription drugs

2 Pay-as-you-go

Enroll in Original Medicare and select an Advantage plan

PART C

Combines Part A and B in 1 plan

PART D

Helps pay for prescription drugs

+ may offer additional benefits, such as dental, vision, hearing

About Medicare Supplement Plans

You pay a monthly fee in addition to the Part B premium, and the private plan covers the costs in Original Medicare.

- There are 10 plans (each has its own letter) standardized by the Federal Government, but offered by private insurance companies.*
- The monthly fee can generally range from \$50 350, depending on the plan type and your home state.
- No drug coverage, or dental, hearing and vision benefits.
- *No medical underwriting up to 6 months after enrolling in Part B at age 65 or older.
- Guaranteed renewable.
- Coverage nationwide; no provider network.

*Note: MA, MN, and WI have plans different from the standard

Your Medicare Supplement Plan Options

Note: a Plan A with one carrier offers the same benefits as Plan A with another carrier! The most common plan today is Plan G since it offers the most coverage. The main difference between carriers is price.

* F and G may also have high deductible options. However, Plans C and F are no longer available to people new to Medicare on or after January 1, 2020 as plans can no longer cover the Part B deductible.

Basic Benefits	А	В	D	G*	K	L	М	N	C*	F*
Part A: Hospital Coinsurance Part A: Hospice Care Coinsurance Part B: Medical Coinsurance Part B: Medical Preventive Care Coinsurance Parts A & B: Blood (first 3 pints)	>>>>>	>>>>	· · · · · · · · · · · · · · · · · · ·	· · · · · ·	50% 50% 50% 50%	75% 75% 75% 75%	· · · · · ·	· · · · · ·	· · · · · · · ·	> > > > > >
Additional Benefits	Α	В	D	G*	K	L	М	N	C*	F*
Skilled Nursing Care Coinsurance Part A Deductible \$1,632 Part B Deductible \$240 Part B Excess Charges Foreign Travel Emergency (lifetime limit \$50k) Out-of-pocket Yearly Limit		~	80%	××80%	50% 50% \$7,220	75% 75% \$3,610	50% 80%	80%	% % 80%	80%

About Part C: "Medicare Advantage"

Benefits

All the benefits of Part A and Part B. You're still in the Medicare program, but plans are offered by private companies.



Most plans include prescription drugs

Many plans offer additional benefits:



Routine dental



Routine eye exams and eyeglasses



Hearing tests & aids



Wellness programs

Costs

Continue to pay the Part B plan premium.



Many plans are \$0 premium



You may have out-of-pocket co-pays and co-insurance when you use services



Typically have annual out-of-pocket maximum

Other Factors



You may need a referral to see a specialist



Coordinated care support with provider network

About Part D: Medicare Prescription Drug Coverage

Private Plans that help cover the cost of prescription drugs

PLANS COVER:

- Most common medications
- Specific brand name & generic drugs according to the plan's formulary (drug list)
- Vaccines not covered by Part B

HOW IT WORKS:

- You pay a monthly premium. The average premium is ~\$56.
- You have a co-pay for each medication, based on its tier. There are
 4 or 5 tiers, from lowest to highest priced.
- You may also have a deductible
- You may have to use a specific pharmacy network

→ You can get Part D via a stand-alone Part D plan OR via a Medicare Advantage plan that includes prescription drug coverage (MAPD)

Part D: Detailed costs by income bracket

If your filing status and yearly income in 2023 was:

File individual tax return*	File joint tax return*	File married & separate tax return*	You pay (monthly) in 2025
\$106k or less	\$212k or less	\$106k or less	your plan premium
\$106k to \$133k	\$212k to \$266k	N/A	\$13.70 + your plan premium
\$133k to \$167k	\$266k to \$334k	N/A	\$35.30 + your plan premium
\$167k to \$200k	\$334k to \$400k	N/A	\$57.00 + your plan premium
\$200k to \$500k	\$400k to \$750k	\$106k to \$394k	\$78.60 + your plan premium
\$500k or above	\$750k or above	\$394k or above	\$85.80 + your plan premium

^{*}Larger number is inclusive. For example, \$106k to \$133k means that the return must be above \$106k up to \$133k (inclusive).

Part D: Coverage stage & formulary

In addition to your premium, you will pay an amount per prescription, which depends on your coverage stage and drug type

Coverage Stages

During the year, you may go through drug coverage stages, which impacts the amount paid per prescription



Formulary

- Drugs are grouped into cost tiers: the lower the tier, the lower the cost
- You may be able to reduce the cost by purchasing via mail or at a preferred pharmacy

Tier 1	Generics, preferred	\$
Tier 2	Generics	\$\$
Tier 3	Brands, preferred	\$\$\$
Tier 4	Brands	\$\$\$\$
Tier 5	Specialty	\$\$\$\$\$

Making a decision

What should you choose?

	Option 1 Medicare Supplement + Prescription Drug Plan
COVERAGE	Everything Original Medicare covers
COST	Medigap: -\$200 per month Drug plan: ~\$35 per month Very low out-of-pocket expenses
CHOICE	Any doctor, anywhere, who accepts Medicare. No referral required.
	Know what you'll pay each month

Option 2

Medicare Advantage

Everything Original Medicare covers, plus additional benefits

- Typically \$0 premium
- Copays and co-insurance for services
- ~\$7,550 out of pocket-maximum average (in-network)
- X May need a referral
- May only see in-network doctors

Pay as you go

What should you consider?

It's a personal decision based on cost, convenience, and health history. Consider the following questions:

- What am I willing/able to spend on premiums, deductibles, coinsurance, and copays?
- Does the plan I'm considering have all the benefits I'm looking for?
- How important is it to me to have vision, dental, and hearing services covered?
- Am I okay with having a restricted list of providers and hospitals within a network?
- Do I feel comfortable using this plan to manage any chronic health conditions I have?



Additional Considerations

Special Needs Plans

Medicare Special Needs Plans (SPs) typically offer more benefits with specific care plans. You may qualify if:

- You have a chronic condition, like diabetes or a heart condition
- You receive Medicaid assistance from your state
- You live in a facility like a nursing home and need additional care



Financial Assistance

Depending on your income and assets, you may qualify for additional assistance through:

- Medicaid
- Medicare Savings Programs to reduce Part A and B costs
- Extra Help (Low Income Subsidy) to reduce medication costs
- Additional local assistance programs



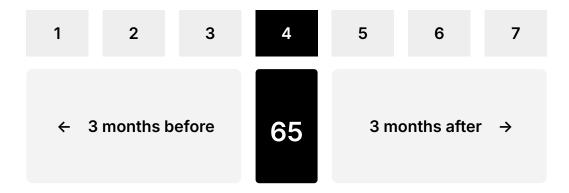
Enrolling in Medicare

Enrolling in Original Medicare

INITIAL ENROLLMENT PERIOD:

3 months before and after the month you turn 65

- Enroll at SSA.gov for Original Medicare
- Enroll in Part A; you can delay Part B



If you miss it, you can enroll during the General Enrollment Period (Jan - Mar for Parts A and B). Late enrollment premium penalties apply, so don't miss it!

Enrolling in Medicare Supplement

For 6 months after the month you're 65 and older, and enrolled in Part B, you may enroll in a Supplement plan

- No underwriting required*
- Guaranteed renewable





3

4

5

6

6 months after the month you're 65 or older and enrolled in Part B

(you may be able enroll before you turn 65, but the plan won't take effect until the month of your 65th birthday. In short, sign up before you turn 65 so there's no coverage gap!)

If you enroll later, you may be denied based on your health history or see higher premiums.

Note: You have guaranteed issue rights typically when you have other health coverage that changes in some way. Special situations will apply.

Working past 65

3 months before and after the month you turn 65

	Can delay without penalty if:	Cannot delay w penalty if:
COVERAGE	20 or more employees	Fewer than 20 o employees
CHOICE	Considered "creditable"	Not considered "creditable"

lay without 20 or more

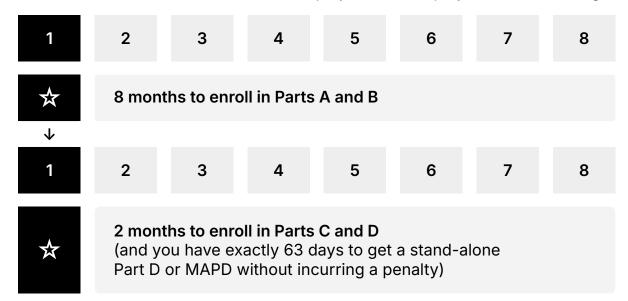
What if I'm covered by my spouse's employer?

You may be able to delay if your employer-based health coverage is through your spouse. It depends on your spouse's employer and any rules the employer has around covered dependents

Enrolling in Medicare, after 65

If you delayed enrollment, you can enroll the month after the last month of employment or health coverage. You may:

- Enroll in Part A and/or Part B
- Enroll in Part C or Part D stand-alone plan
- Enroll in a Medicare Supplement plan (within 6 months)



Changing your plan

If you don't like your initial decision, you can always change it!*

*Note: while you have opportunities to change plans, if you elect to start on a Medicare Advantage plan and then later decide to switch to a Medigap plan, you may be subject to underwriting requirements as you will be outside the guaranteed issue period.

Medicare Annual Enrollment [October 15 - December 7]

- Switch from or into a Medicare Advantage plan
- Join, switch, or drop a Prescription Drug Plan

Medicare Advantage Open Enrollment [January 1 - March 31]

 Open only to Medicare Advantage Plan members to switch or drop plans

Special Enrollment Periods: Qualifying Events

- E.g. you move, lose coverage, qualify for a Special Needs Plan, start receiving State financial assistance, and other qualifying events
- Time frames vary depending on the Special Enrollment Period

Don't be late!

If you're late enrolling in Parts A, B and D, you can face a penalty.

Part A 10%, if not qualified for premium free

Part B 10%, if not qualified for special enrollment period (e.g.loss employer coverage)

Part D 1% of current average premium for each month, if more than 63 days without creditable coverage*

*Note: see the "Terminology" section for what qualifies as creditable coverage



Getting through the terminology

Benefit Period

The length of time Original Medicare uses to assess your use of hospital and skilled nursing facilities. It begins the day you're admitted as an inpatient to a hospital or skilled nursing facility and ends when you haven't gotten any care from these facilities for 60 consecutive days.

Coinsurance

The amount of money (usually represented as a percentage of the total cost) that you may be required to pay for services once you hit your plans deductible.

Copay

The amount of money you may be required to pay for medical services or supplies, like doctor's appointments and medications

Deductible

The amount of money you will be required to pay out of pocket for healthcare services and supplies including medications before your insurance plan starts to cover any amount of the costs

Lifetime reserve days

If you have Original Medicare and require hospitalization for more than 90 days in a single benefit period. a portion of your costs for 60 additional reserve days will be covered. You'll pav coinsurance for each one of these reserve days, and Medicare will cover whatever is left over.

Out-of-pocket limit

The maximum amount of money you have to pay for covered health care services in a plan year. Medicare Advantage plans are required ov aw to set annua dollar limits on out-of-pocket expenses out there's no annual dollar limit on your out-of-pocket expenses it vou have Original Medicare.

Premium

The monthly payment vou make to Medicare to receive the benefits of your healthcare plan.

Creditable coverage

Coverage and plan benefits that are up to the same standards as Medicare are considered "creditable coverage". Beneficiaries with other sources of creditable coverage - for example, through an employer - may stay on that plan and avoid late enrollment penalties.

Thank you





Larry Dalton
Larry D. Dalton
larrydalton2023@gmail.com
(580) 364-2266